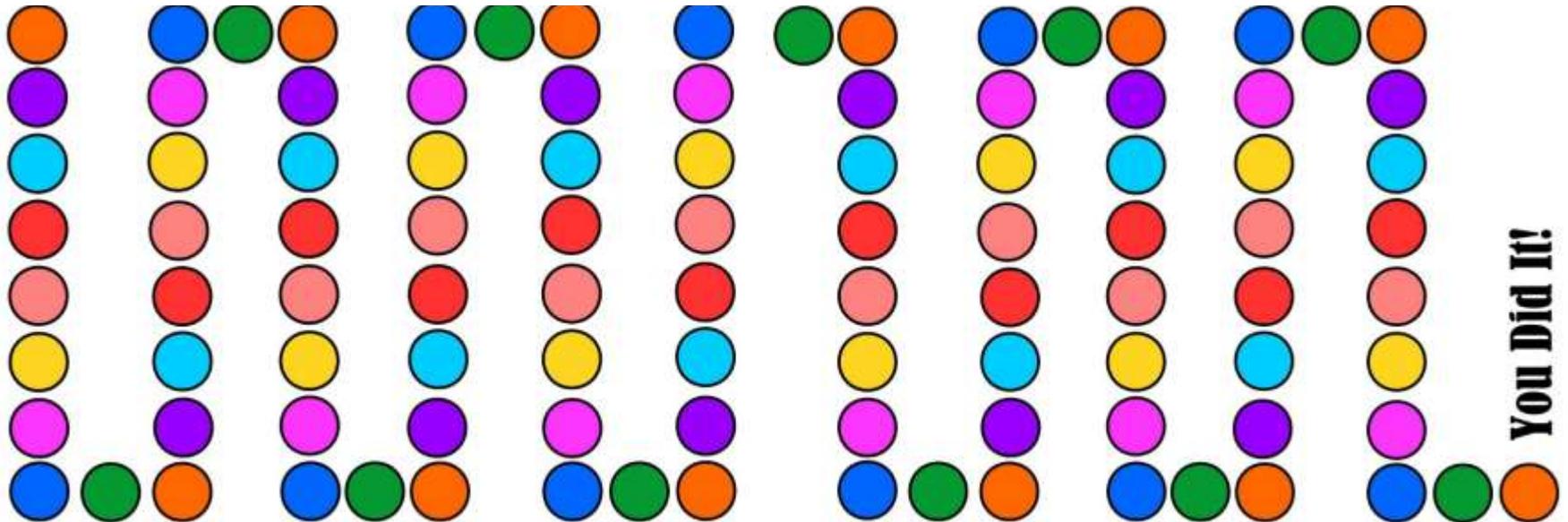


Are you up for the challenge?



Read 100 Books with your Toddler before Junior Kindergarten!



Read 100 Books with your child before he/she begins Junior Kindergarten!



Print out the Challenge Sheet and mark a dot with an X each time you read a book. Cross off each dot to record your 100 books read!



Why is Reading to Young Children so Important?

Reading to your child helps to expose them to all types of subjects and concepts, building your child's understanding of humanity and the world around them. Numerous studies have shown that students who are exposed to reading before preschool are more likely to do well when they reach their period of formal education.

One of the most important things you can do to positively influence your child's development is spend time with them. Reading to your children provides a great opportunity to set up a regular, shared event where you can look forward to spending time together.

Reading to your children gives your child a sense of intimacy and well-being. This feeling of intimacy helps your child feel close to you, and the feelings of love and attention encourage positive growth and development.

With babies specifically, although they may not be able to understand what you're saying when you read to them, reading aloud provides a level of invaluable nurturing and reassurance. Very young babies love to hear familiar voices, and reading is the perfect outlet to create this connection.

At a broader, more scientific level, it's the nurturing relationships between caregivers and children that set a positive life course. If you are able to read aloud with your child at a predictable, scheduled time that fits with the daily routines of home and school, you'll be able to provide something constant that they can expect and likely even look forward to.

Reading aloud together and having a shared activity gives you and your child something to talk about, which in turn supports the development of reading and writing skills. And down the road, books can provide springboards to meaningful discussions about real-life experiences and issues.

Find book lists and more early literacy resources at www.pertheast.library.on.ca